



**‘Sustainable & Ethnic Cuisine’
Tuesday 31 March 2020
Hosted by Cyrus Todiwala OBE at
Café Spice Namasté, Whitechapel, London
CUBO Rate £165 + VAT and General Rate £206.25 + VAT**

Why should you attend?

Find out more about sustainable and ethnic cuisine that will use sustainable lamb and beef. Cyrus will cover dishes which use breeds of cattle and sheep that are reared in an ethical and sustainable way.

The course will include information on QSM Lamb and beef together with information on sustainability.

Cyrus will demonstrate some dishes which will be suitable for conference business, student dining and special events.

Who should attend?

This masterclass is designed exclusively for University Chefs working in Higher Education.

What are the aims of the training session?

The course will be presented by Cyrus Todiwala, OBE and will cover:-

- Methods of cookery
- Recipes will be issued to all participants
- Dress is casual and chef whites are not required
- The course fee includes a fantastic lunch created by Cyrus and his team

How do we book on this course?

Please follow the link below:

[Sustainable & Ethnic Cuisine](#)

Or alternatively, please contact Lynn Kenny at information@universityhospitality.co.uk or call 0114 222 8983/28907

About the Presenters

Cyrus Todiwala OBE, is chef proprietor of *Café Spice Namasté* and a celebrated chef.

He trained at the Taj Hotels Resorts and Palaces in India and rose to become Executive Chef for eleven restaurants.

He was awarded an MBE in 2000 and an OBE in 2009.

Cyrus has cooked for Royalty and Presidents across the Globe.

Programme Facilitator

David McKown MBE, FIH, Director of University Hospitality Seminars.

The venue

The course will be held at Cafe Spice Namaste, 16 Prescott St, Whitechapel, London E1 8AZ

The Programme

DATE/TIME	SESSION	SESSION TITLE
Wednesday 29 January 2020		
9.30 am	Arrival	Welcome & Introductions
10.00 am		Masterclass commences
1.30 pm	Lunch	Tastings & Discussions
3.00 pm		Evaluation & Feedback
3.15 pm	Depart	