



'Applied Suicide Intervention Skills Training (ASIST)'

Thursday 5 & Friday 6 December 2019

Halifax Hall Hotel

**CUBO Residential Rate £150 + VAT, General Residential
Rate £187.50**

**CUBO Non Residential Rate £95.84 + VAT, General Non
Residential Rate £119.80**

Course Aim

ASIST helps to build networks of trained caregivers who can support each other and use common terminology to approach suicide and safety. By training caregivers at the University of Sheffield, it is hoped that ASIST will help reduce suicidal feelings in those students and staff at risk, and help staff to recognise warning signs and intervene in the interests of promoting a suicide safe community.

Applied Suicide Intervention Skills Training (ASIST) is a two-day interactive workshop in suicide first aid. ASIST teaches participants to recognise when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.

Content

The workshop includes a mix of the following methods of training:

- Presentations and guidance from two LivingWorks registered trainers
- A scientifically proven intervention model
- Powerful audio visual learning aids
- Group discussions
- Skills practice and development
- A balance of challenge and safety

Everyone who attends the course will receive a copy of the ASIST workbook, which is an excellent support resource. When you have completed the course, you will also receive a certificate to confirm that you have undergone ASIST training.

Date & Time

Thursday 5 & Friday 6 December 2019, 9.00 am – 4.30 pm.

Registration and welcome refreshments available from 8.45 am.

Lunch and refreshments throughout the day will be included. Please advise ASAP any specific diet needs.

Venue

Halifax Hall Hotel, Endcliffe Vale Road, Sheffield S10 3ER. Accommodation, if required, will be in Jonas Hotel.

Facilitated By

Greg Pevy and Trudie Speed, Residence Life Officers

How do we book on this course?

Please follow the link below:

Or alternatively, please contact Lynn Kenny at information@universityhospitality.co.uk or call 0114 222 8983/28907